

FULLERTON JOINT UNION HIGH SCHOOL DISTRICT

Parent/Guardian Notification Letter for Health Instruction

Dear Parent/Guardian:

You are receiving this letter because your child will be/is enrolled in the Fullerton Joint Union High School District Health Education class that is taught in an online environment using APEX curriculum. Health education at the high school level includes sex education.

California state law, the California Healthy Youth Act* (CHYA), requires that comprehensive sexual health education and HIV prevention education be provided to students at least once in middle school or junior high school and once in high school, starting in grade 7. Per the CHYA, instruction must encourage students to communicate with parents, guardians or other trusted adults about human sexuality. Instruction must be medically accurate, age-appropriate, and inclusive of all students. It must include the following:

- Information about HIV and other sexually transmitted infections (STIs), including transmission, FDA approved methods to prevent HIV and STIs, and treatment
- Information that abstinence is the only certain way to prevent unintended pregnancy and HIV and other STIs, and information about value of delaying sexual activity
- Discussion about social views of HIV and AIDS
- Information about accessing resources for sexual and reproductive health care
- Information about pregnancy, including FDA approved prevention methods, pregnancy outcomes, prenatal care, and the newborn safe surrender law
- Information about sexual orientation and gender identity
- Information about healthy relationships and avoiding unhealthy behaviors and situations

Parents/Guardians may examine the APEX instructional materials by following the directions on the **Parent Review Portal** page on the FJUHSD website. There is also a two minute video explaining how to navigate the APEX curriculum.

Parents have the right to opt out of this instruction, but not the entire health course. If you have questions, please see the principal at your specific school. If you do not want your student to participate in comprehensive sexual health or HIV prevention education, please complete the Opt-out form on the **Parent Review Portal page**.

FJUHSD Parent Review Portal Page: <https://www.fjuhsd.org/Page/3201>

Sincerely,

Josh Porter, Ed.D.
Director Educational Services